

Newton Vianna

Team Handball

Tactical Intentions of Defense

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Tactical Intentions of Defense

- Interception
- Pressure
- Dissuasion
- Control of player without the ball
- Control at distance of the player with the ball
- Cover
- Double

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Tactical Intentions of Defense

Interception

- Recover the ball
- Action in the ball trajectory
- Using free spots of the court to defend

Legenda:

Atacante Defensor
 Trajetória do jogador
 Trajetória da bola

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Interception (1)

- Intentional action on the ball trajectory to recover, actively, the ball from the opponent.
- Avoid free ball circling of the attacking team.
- Action performed in the free spots of the court, between the player with the ball and a possible receiver.
- Interception is easier, closer to the receiver in the trajectory line.

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Interception (2)

- Defender must find a position that allows him to control, in his view field, the player with the ball and the receiver.

- The moment to intercept is when the ball leaves the hand of the opponent player (analysis of trajectory, speed, distance, etc)

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Tactical Intentions of Defense

Pressure

- To neutralize the player with the ball
- To avoid a "dangerous" action
- "Commit the foul"

Legenda:

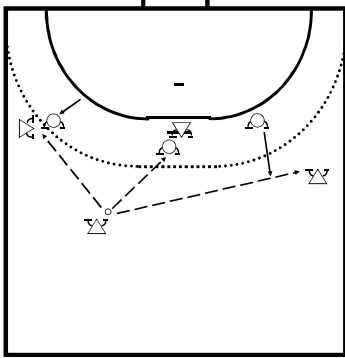
Atacante Defensor
 Player trajectory
 Ball trajectory

Pressure (1)

- Pressure is the action of the defender against the player with the ball, in a individual combat (1x1).
- Pressure is to repel , dominate, neutralize, reduce the possibilities of the player with the ball, to perform freely.
- It is a late action in the ball trajectory.

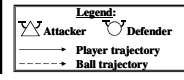
Pressure (2)

- The best position to play pressure is where the player can defend his own goal and give combat to the opponent with the ball.
- In the last case, the defense must “stop” the game using a “light” foul, avoiding personal punishment.



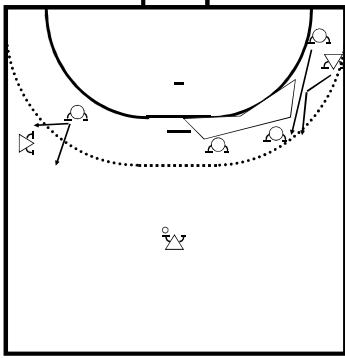
Dissuasion

- To avoid the opponent from receiving the ball
- Earlier action in the ball trajectory



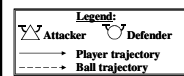
Dissuasion

- Dissuasion perturba, diminishes or delays the ball circling, avoids certain ball trajectories.
- Can manage to drive the ball passes to positions where the defense is better or the attack is weaker.
- It is a late action in the ball trajectory.



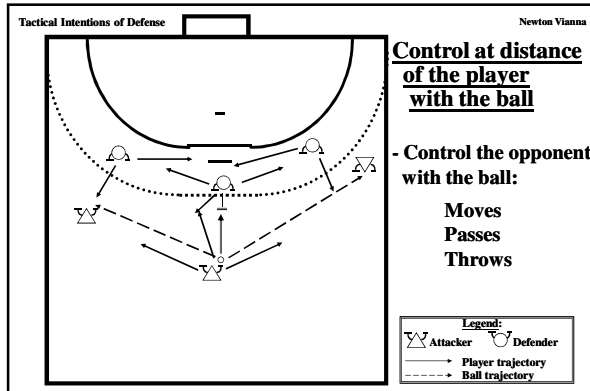
Control of the player without the ball

- Each player is responsible for one opponent
- Control the passes
- Control movements



Control of the player without the ball

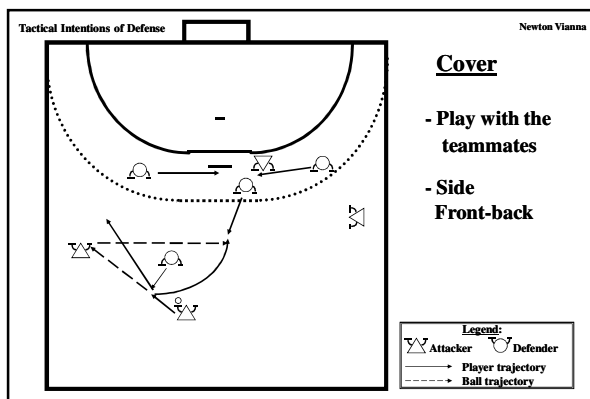
- Each defender is directly responsible for one opponent.
- Control the opponent’s position and moves, try to anticipate his intentions and possibilities.
- Find a position that allows him to defend his goal, intercept, dissuade, pressure or perform any action required by the situation or by the defined tactics.



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Control at distance of the player with the ball

- Control the opponent with the ball, his position and moves, try to anticipate his intentions and possibilities.
- Find a position that allows him to defend his goal, intercept, dissuade, pressure, cover or double, perform any action required by the situation, especially if the teammate responsible for that player was beaten.

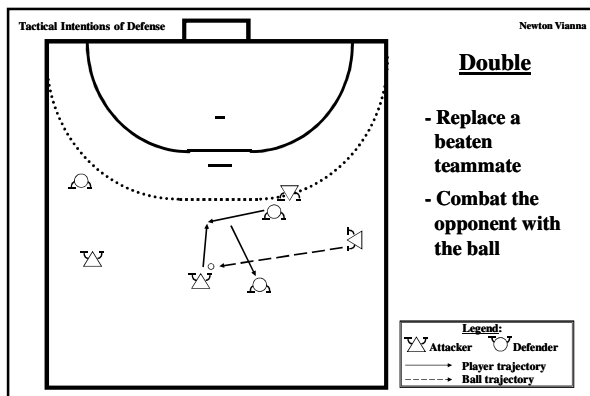


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Cover

- Team performance, covering the teammate that is performing another action.
- Cover empty spots where the opponents can pass the ball to their teammates close to the goal area, approach the area or throw freely.
- Cover = lateral or deep.

Lateral Deep Crossing

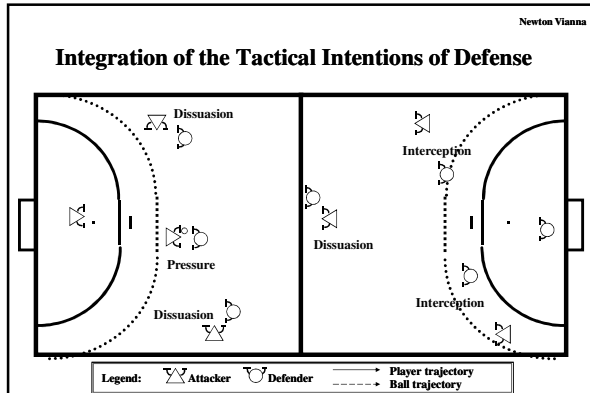


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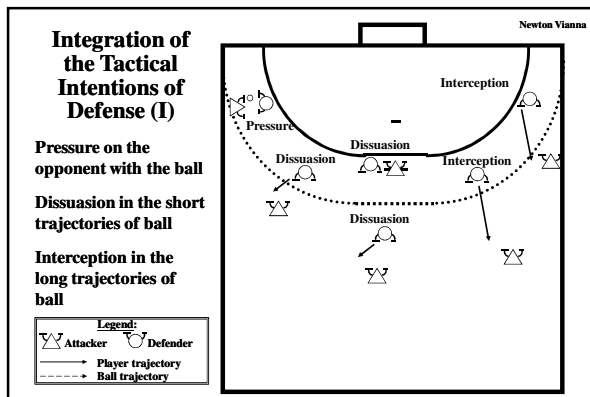
Double

- Action of a team sport, when the defense player must be in position and in conditions to control the opponent and replace a teammate beaten, and, at the same time, to act in the possible ball trajectories.
- Double is to combat the opponent with the ball and prepares to menace my own goal.

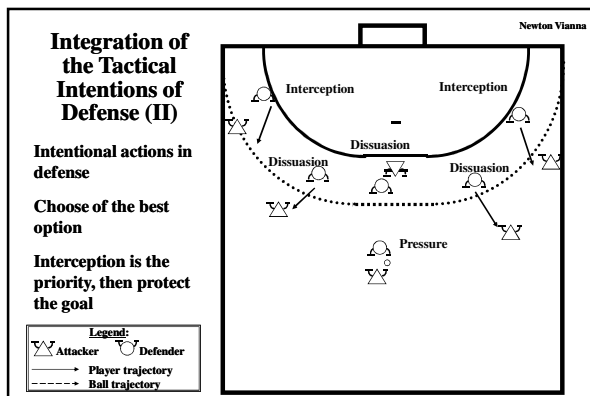
Player with the ball, alone Mixed dissuasion or interception Fake Blocked



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- ### Integration of the Tactical Intentions of Defense
- Each player in defense is responsible for an opponent.
 - The main intention (goal) in this tactical defense is the interception to make fast-brakes (counter attack) possible.
 - Based on the distance of the ball a different intention is performed.
 - Pressure in the opponent with the ball.
 - Dissuasion in the opponents closer to the ball to avoid short passes.
 - Control at distance of the opponent with the ball, some distance is given to the direct opponents that are controlled to make possible the interception in the long pass.



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- ### Integration of the Tactical Intentions of Defense
- The ball is close to the side line (narrow angle to throw to goal).
 - Defenders close to the ball perform dissuasion.
 - Defenders far from the ball give some space but control at distance the direct opponent and as soon as the long pass is done, they intercept the ball in the long trajectory.
 - The defender pressures the opponent with the ball, protecting the inner part of the court, in front of the goal, leading that player to throw close to outer goal line.



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- ### Integration of the Tactical Intentions of Defense
- Ball is in front of the goal (wide angle to throw=danger).
 - Defenders close to the ball perform dissuasion.
 - Defenders far from the ball give some space but control at distance the direct opponent and, as soon as the long pass is done, they intercept the ball in the long trajectory, or if convenient lead the player to throw close to the outer goal line.
 - The defender pressures the opponent with the ball, protecting the inner part of the court, in front of the goal, leading that player to throw close to side line or back to the center line.



Achieved Results related to the opponents

- **Interception – Fast brake**
- **Induce to errors (rules)**
 - Too many steps
 - Holding the ball more than 3 seconds
 - Illegal dribble
- **Induce to technical or tactical error**
 - Chose the opponent to throw
 - False perception of easiness
- **Psychological Aspect**
- **Insufficient fitness**



Achieved Results related to our team

- **Players perform more actively**
- **Better physical conditions**
- **Make training sessions more important**
- **Learning of game analysis (situations)***
- **Increases self confidence***
- **Development defense x offense quicker and more efficient**
- **Play as a team**

THANK YOU

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